

	Mon	Tue	Wed	Thu	Fri	Sat	Sun
7:30 AM			Core Focus Meredith		Mat Meredith		
8:30 AM					Core Focus Meredith		
10:00 AM							Barre Meredith
11:00 AM						Mat Ronnie	Reformer Meredith
12:00 PM	Yoga Maggie	Reformer Meredith	Mat Ronnie	Yoga Raechel Reformer Ronnie	Reformer Meredith	Core Focus Ronnie	
1:00PM	Mat Meredith	Core Focus Meredith	Reformer Ronnie	Core Focus Ronnie	Pilates Barre Meredith	Reformer Ronnie	
2:00 PM	Reformer Meredith						
5:30 PM	Core Focus Ronnie		Pilates Barre Ronnie		Core Focus Meredith		
6:00 PM		Reformer Ronnie		Mat Gwen			
6:30 PM	Pilates Mat Ronnie		Mat Meredith		Reformer Meredith		
7:00 PM		Core Focus Ronnie		Reformer Gwen			
7:30 PM	Reformer Ronnie		Core Focus Ronnie				